



The Pool is the New Gym!

Unique, effective and challenging ways to exercise

AquaFitness



11 week block commencing Monday 29 January 2018
(finishes week ending Sunday 15th April)

AQUASTRENGTH	\$154.00	Monday	8.15pm
		Tuesday	8.15pm
		Thursday	7.15pm

ACQUAPOLE	\$170.50	Tuesday	7.15pm
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ACQUABOX		Wednesday	8.15pm
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ACQUAPOLE		Thursday	8.15pm
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State Swim

Safety, Fun and Fitness

Morphett Road Swimming School 541 Morphett Rd Seacombe Gdns 5047

 Find us on Facebook Telephone 8296 2442 www.stateswim.net.au

