aqua FITNESS

The Pool is the New Gym!

Unique, effective and challenging ways to exercise

AquaFitness

11 week block commencing Monday 29 January 2018
(finishes week ending Sunday 15th April)

AQUA GYMSTICK	$154.00	Tuesday	12.15pm
		Thursday	10.15am
FLOATFIT BALANCE	$170.50	Thursday	7.15pm
		Thursday	8.15pm
AQUASTRENGTH	$154.00	Saturday	6.45am

State Swim

Safety, Fun and Fitness

Unley Swimming Academy Unley Shopping Centre Unley 5061

Find us on Facebook Telephone 8272 4477 www.stateswim.net.au